

Natural Solutions to Hair Loss and Hair Thinning

By Carlo & Tina Turavani



HAIR LOSS AND / OR HAIR THINNING can drastically lower one's self-esteem. However, the majority of people don't realize that many of our everyday activities can be the cause of hair loss. Using hair products that include toxic chemicals, consuming innutritious foods, and eliminating stress from the mind and body are a few activities that should be altered in order to fight hair thinning. Unfortunately, over 90% of prescribed drugs can also contain hair loss as a side effect.

Thankfully, there are many alternatives to combat these harmful drugs and activities. Here at Transitions Studio, we believe in promoting health and beauty naturally. Our products are chemically-free, and don't contain harsh chemicals that can harm your hair. Many products we carry are raw, vegan and wild-crafted to assist in the re-growth of healthy hair. We educate, assess and provide treatment plans on an individual basis designed precisely for individual hair thinning and hair loss patterns.

Some of our all-natural hair loss products include:

Bhringraj

Bhringraj Herb is one of the most distinguished herbs in ayurvedic medicine. It helps prevent hair loss, stop premature graying, and controls and gets rid of dandruff.

Argan Oil

Argan Oil is one of the rarest oils in the world. It is extracted from the kernels of the fruit produced by the Argan tree in Morocco. It's the world's richest natural source of Vitamin E and contains 80% fatty acids. Argan Oil acts as a styling, finishing and conditioning product. However, it can also repair and strengthen brittle, damaged and frizzy hair as well as relieve dryness, itchiness, dandruff, and help reduce hair loss due to breakage.

Organic Camellia Oil

This light oil is perfect for adding natural moisture to hair and essential to a natural hair regimen for daily use. Organic Camellia is 100% pure with no additives. Camellia oil absorbs easily, helping to promote hair growth and condition the scalp. It also contains vitamins A, B, E and numerous minerals.

Organic Amla

This natural plant adds texture, volume, wave, curl and shine to your hair. It promotes hair growth, growing thick stronger strands. This herb is widely known to promote hair growth and add moisture.

Organic Essential Oils

Clove Bud, Patchouli Dark, and Rosemary all stimulate hair growth and scalp conditions. Its many nutrients make for extremely healthy, shiny hair. These oils can also be added to any hair treatment or carrier oils.

At Transitions Studio, there are no harmful side effects when using our chemically-free products—and the effects will only be positive. Feel free to give us a call so you can take that first step toward a transition of your own. **HWS**





Transitions Studio is owned and operated by Carlo and Tina Turavani, natural hair care specialists and certified cosmetic therapists. For more information call 905.937.1623, email contactus@transitionstudio.ca or visit www.transitionstudio.ca. Transitions Studio is located at 244 Grantham Avenue in St. Catharines.

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